

**Title:** Effect of colloids in cardiac arrest patients with post-resuscitation shock: An ancillary pre-planned study

**Authors:** Pedro D. Wendel Garcia (pedro david.wendelgarcia@usz.ch), Joachim Düring, all further interested STEPCARE investigators

**Objectives:** Elucidate the effect of colloids in cardiac arrest patients with post-resuscitation shock regarding mortality and neurologic outcome

**Hypothesis:** Use of colloids in cardiac arrest patients with post-resuscitation shock does not impact mortality or neurologic outcome.

**Main Outcomes:** Primary Endpoints: 30-d Mortality and 6 months neurologic outcome (mRS)

**Population:** Patients randomized to STEPCARE suffering from post-resuscitation shock within 24 hours from randomization [PMID: 25971391]. Defined as: 1. Hypotension with the need for continuous vasopressors for more than 6 hours despite adequate fluid loading and 2. Lactate Levels >2 mmol/l. The evaluated intervention will be the use of colloids (absolute and dose-dependent)

**Design/Statistics:** Matched, Weighted, G-Estimated adjustment of the study population at randomization, (with time-varying adjustment).

**Additional Variables to be included into Database (same as for the inotropic therapy in cardiac arrest patients with post-resuscitation shock sub-study):**

- **Hourly Observations (at 0, 4, 8, 12, 16, 20, 24, 28, 32, 36, 40 hours):**
  - RASS and Drugs -> (We would take the Vasoactive Drugs out of this Section and create a dedicated one)
  - Vasoactive Management
    - Noradrenaline Dose [mcg/kg/min] [mcg/min] [Not used]
    - Vasopressin Dose [IE/min] [Not used]
    - Adrenaline Dose [mcg/kg/min] [mcg/min] [Not used] -> **Instead of the Question Adrenaline Infusion Yes/No**
    - Dobutamine Dose [mcg/kg/min] [mcg/min] [Not used] -> **Instead of the Question Dobutamine Infusion Yes/No**
    - Milrinone Dose [mcg/kg/min] [mcg/min] [Not used]
    - Levosimendan Dose [mcg/kg/min] [mcg/min] [Not used]
    - Use of Methylene Blue [yes] [no]
    - Use of Corticosteroids for Shock Reversal [yes] [no]
  - Fluid Management

- Infused crystalloids for a plasma expanding/ resuscitation purpose over the last 4 hours [ml]
  - Infused colloids for a plasma expanding/ resuscitation purpose over the last 4 hours [ml]
- **Hourly Observations (at 48, 56 hours):**
  - RASS and Drugs -> (We would take the Vasoactive Drugs out of this Section and create a dedicated one)
  - Vasoactive Management
    - Noradrenaline Dose [mcg/kg/min] [mcg/min] [Not used]
    - Vasopressin Dose [IE/min] [Not used]
    - Adrenaline Dose [mcg/kg/min] [mcg/min] [Not used] -> **Instead of the Question Adrenaline Infusion Yes/No**
    - Dobutamine Dose [mcg/kg/min] [mcg/min] [Not used] -> **Instead of the Question Dobutamine Infusion Yes/No**
    - Milrinone Dose [mcg/kg/min] [mcg/min] [Not used]
    - Levosimendan Dose [mcg/kg/min] [mcg/min] [Not used]
    - Use of Methylene Blue [yes] [no]
    - Use of Corticosteroids for Shock Reversal [yes] [no]
  - Fluid Management
    - Infused crystalloids for a plasma expanding/ resuscitation purpose over the last 8 hours [ml]
    - Infused colloids for a plasma expanding/ resuscitation purpose over the last 8 hours [ml]
- **Hourly Observations (72, 96, 120 hours):**
  - RASS and Drugs -> (We would take the Vasoactive Drugs out of this Section and create a dedicated one)
  - Vasoactive Management
    - Noradrenaline Dose [mcg/kg/min] [mcg/min] [Not used]
    - Vasopressin Dose [IE/min] [Not used]
    - Adrenaline Dose [mcg/kg/min] [mcg/min] [Not used] -> **Instead of the Question Adrenaline Infusion Yes/No**
    - Dobutamine Dose [mcg/kg/min] [mcg/min] [Not used] -> **Instead of the Question Dobutamine Infusion Yes/No**
    - Milrinone Dose [mcg/kg/min] [mcg/min] [Not used]
    - Levosimendan Dose [mcg/kg/min] [mcg/min] [Not used]
    - Use of Methylene Blue [yes] [no]
    - Use of Corticosteroids for Shock Reversal [yes] [no]
  - Fluid Management
    - Infused crystalloids for a plasma expanding/ resuscitation purpose over the last 24 hours [ml]
    - Infused colloids for a plasma expanding/ resuscitation purpose over the last 24 hours [ml]